

# Welcome To The Knight Spot

## April 2019



### Spring Break!

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3

4

5

8

Vegetable Bean Chili  
Mac  
Tikka Masala  
Burger w / Roasted  
Tomato & Parmesan  
French Fries  
Fresh Broccoli

9

Alfredo Mac &  
Cheese w / Basil &  
Chicken  
Chicken Chili  
Roasted Red Potato  
Sloppy Joe Melt  
Roasted Carrots

10

Szechuan Chicken  
Chipotle Chili  
Yellow Rice  
Korean Beef Fajita  
Refried Beans  
Parmesan Mashed  
Fresh Cauliflower

11

Cajun Meatballs  
Parsley Noodles  
Chicken Rice Soup  
Potato Wedges  
Jerk Chicken &  
Cheddar Flatbread  
Fresh Zucchini

12

Chicken Pot Pie  
Steamed Broccoli  
Oven Roasted Cajun  
Potatoes  
Bacon Cheese Burger  
Grilled Cheese  
Chana Masala Soup

15

Breaded Chicken  
Parmesan  
Parsley Rotini  
Chicken Tika Masala  
Soup  
Build a Burger  
Potato Wedges  
Grilled Cheese

16

Teriyaki Chicken with  
Vegetables  
Brown Rice  
Chili  
Chicken Sandwich  
Mashed Potatoes  
Grilled Cheese

17

Chicken Enchiladas  
Tater Bites  
Chicken Rice Soup  
Red Pepper  
Cheeseburger  
Fresh Zucchini

18

Baked Lasagna  
Meatball Sub  
Chicken Chili  
Dinner Roll  
Roasted Red Potato  
Campfire Chipotle  
Beans

19

No School

22

Penne w / Tomato  
Alfredo & Chicken  
Tikka Masala  
Dinner Roll  
Beef Patty  
Parmesan Mashed  
Steamed Broccoli

23

Chicken Tenders w /  
Rice & Thai Sate  
Chili Con Carne  
Potato Wedges  
Chicken Burger  
Green Beans with  
Margarine

24

Sweet & Sour  
Chicken  
Chicken Rice Soup  
Roasted Zucchini  
Roasted Red Potato  
Ciabatta Patty Melt  
Kicken Pintos

25

Korean Meatballs  
Chicken Chipotle  
Chili  
Sante Fe Rice  
Chili Cheese Dog  
French Fries  
Fresh Broccoli

26

Alfredo Mac &  
Cheese w / Basil &  
Chicken  
Tomato Soup  
Tater Bites  
Breaded Cheesy  
Fish Filet Sandwich  
Sweet Golden Corn

29

Sweet & Sour  
Broccoli Chicken  
Tikka Masala  
Brown Rice  
Pesto Cheeseburger  
French Fries  
Roasted Carrots

30

Beef Pot Roast  
Chili Con Carne  
Dinner Roll  
Garlic Mashed  
BBQ Chicken and  
Cheese Melt  
Roasted Vegetables

Join us for Lunch...

We also offer Soup du Jour and  
Freshly Grilled Cheese Sandwich

Daily Offerings

Variety of fresh fruit and vegetables.  
Milk: Chocolate Flavored, Skim, and 1%